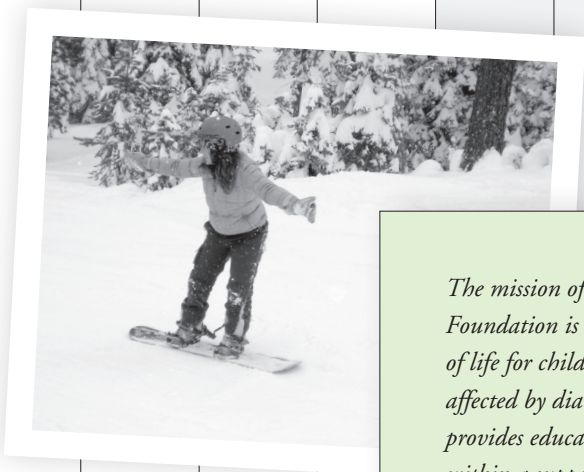


DIABETIC YOUTH FOUNDATION 2011 YEAR-ROUND PROGRAMS

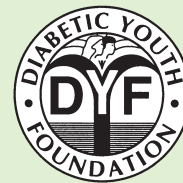
	JAN	FEB	MAR	APRIL	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	
1					Families in the Forest Walk & FUNraiser (Bay Area) May 1		BMC	BMC					1
2							Teen Camp July 1-10	Family Camp 3 July 30-Aug 4				Kids Dinner & Skate Party (Oakland) Dec 3	2
3							Family Camp 1 July 16-21	Leaders-in-Training Program 1 B July 30-Aug 4					3
4		Spring Family Ed Retreat Feb 4-6					Leaders-in-Training Program 1 A July 16-28	Family Camp 4 Aug 6-11					4
5							Family Camp 2 July 23-28						5
6													6
7													7
8													8
9				Families in the Forest Walk & FUNraiser (Sacramento) April 10								Kids Dinner & Skate Party (Roseville) Dec 10	9
10													10
11			UCSF Kid's Kamp & Diabetes Symposium Mar 12										11
12													12
13													13
14										Fall Family Ed Retreat / Teens Only Retreat Oct 14-16			14
15													15
16						BMC							16
17													17
18						Leaders-in-Training Program II June 14-26			Surf Day in Pacifica Sept 18				18
19													19
20						Kids Camp June 19-26							20
21													21
22	Teens Take Tahoe Jan 21-23									Borges Ranch Barbecue for the Diabetes Community Oct 22			22
23													23
24													24
25													25
26													26
27													27
28													28
29													29
30													30
31													31

Celebrating
11 years of
year-round magic!



The mission of the Diabetic Youth Foundation is to improve the quality of life for children, teens and families affected by diabetes. The Foundation provides education and recreation within a supportive community, encouraging personal growth, knowledge and independence.

The Diabetic Youth Foundation primarily serves children, teens and families affected by type-1 diabetes.



Diabetic Youth Foundation
5167 Clayton Road, Suite F
Concord, CA 94521

Phone: 925-680-4994
Fax: 925-680-4863

Website: www.dyf.org
Email: info@dyf.org

■ Year-Round DYF Programs
(see inside for program details)

■ Bearskin Meadow Camp (BMC)

DIABETIC YOUTH FOUNDATION 2011 YEAR-ROUND PROGRAMS

Teen's Take Tahoe Trip

January 21 – 23, 2011
Tahoe Vista, CA
\$450/teen

Come one, come all to Lake Tahoe! This year we will be staying in cabins on the water front and skiing at Northstar Resort! Yearly we take a group of teens for two days of skiing, snowboarding, bonding, fun and adventures, under the close guidance and supervision of DYF staff and health care professionals. We leave Friday at 2:00 PM from Concord, CA and return Sunday evening at 6:00 PM. Beginners to advanced skiers and snowboarders welcome. Transportation is provided. A popular program, this **WEEKEND FILLS FAST!** Cost includes everything but rentals and required lessons for beginners. Any gear rentals and helmet must be obtained prior to departing for the trip.



Spring Family Ed Retreat

February 4 – 6, 2011
Camp Arroyo, Livermore, CA
\$250 for one parent & one child,
\$50 for each additional person over the age of 2

SCHOLARSHIPS AND PAYMENT PLANS AVAILABLE

Families with kids of all ages with diabetes and siblings are welcome to our annual retreat at Camp Arroyo in Livermore, CA. In the mornings, parents will spend time in diabetes education while campers rotate through a number of organized activities including nature, sports & games, diabetes education, arts & crafts and much more! In the afternoon families will be able to participate in a number of different activities including the popular ropes course, arts and crafts, basketball, bocce ball, and of course our annual game of Parents & Campers vs. Staff kickball game. We can't forget about our great campfire with s'mores and our annual Family Camp Party & Dance! This year's theme? Valentines!

This year we are pleased to present the return of keynote speaker Dr. Susan Guzman. Dr. Susan Guzman, PhD, is a clinical psychologist specializing in diabetes, both as a researcher as well as a clinician. She serves as the Director of Clinical Services at the Behavioral Diabetes Institute. At BDI she developed and leads the multi-week depression series, "Breaking the Depression/Diabetes Connection." She also co-leads the workshop "Getting on Track for Teens and Parents." Her clinical and research interests include overcoming barriers to good management, family issues with diabetes, and the art of living well with chronic illness. She also has a private practice in San Diego, CA. Join her and our other many health professional teachers for the weekend covering multiple diabetes topics.

UCSF Kid's Kamp & Diabetes Symposium

March 12, 2011
UCSF, Mission Bay Campus, San Francisco, CA
\$15/child

DYF has once again been invited to host our 5th Kids Kamp at the annual UCSF Pediatric Diabetes Symposium. This fun and informative day is open to families with children with diabetes, health care providers and the community at large. The event is from 9 am – 3 pm and located in beautiful San Francisco. Kids Kamp is \$15 per child (please only potty trained – 17 years of age) which includes supervision by DYF trained volunteers and many of whom have diabetes. Fun activities, field games, arts & crafts, boxed lunch and more! Siblings are welcome!

Sacramento Families in the Forest Walk & FUNraiser

April 10, 2011
Maidu Park, Roseville, CA

Dust off those walking shoes and join camp families, friends and BMC counselors to support DYF at our annual walk and FUNtastic carnival! The online fundraising program allows you to email or Facebook everyone you know, inviting them to donate online at your own personalized fundraising page. DYF needs your help! Every \$50 you raise earns 1 raffle ticket entry to win a 3-night stay in a North Lake Tahoe cabin on the water! Sign up today at www.firstgiving.com/DYF

DIABETIC YOUTH FOUNDATION 2011 YEAR-ROUND PROGRAMS

Bay Area Families in the Forest Walk & FUNraiser

May 1, 2011

Quarry Lakes Park, Fremont, CA

Dust off those walking shoes and join camp families, friends and BMC counselors to support DYF at our annual walk and FUNtastic carnival! The online fundraising program allows you to email or Facebook everyone you know, inviting them to donate online at your own personalized fundraising page. DYF needs your help! Every \$50 you raise earns 1 raffle ticket entry to win a 3-night stay in a North Lake Tahoe cabin on the water! Sign up today at www.firstgiving.com/DYF

Surf Day in Pacifica

September 18, 2011

Pacifica, CA

\$45 / surfer

Come on out for a day of frolicking in the ocean, playing in the surf, and receiving one-on-one surf instruction with other kids with diabetes. This is a favorite program among our families. Parents stay on the beach and chat with other parents, while kids hit the waves in wet suits complete with professional surf instructors and diabetes trained counselors. Equipment, instructors and light snacks are provided.

Fall Family Ed Retreat

October 14 – 16, 2011

Camp Jones Gulch, La Honda, CA

\$250 for one parent & one child,

\$50 for each additional person over the age of 2

SCHOLARSHIPS AND PAYMENT PLANS AVAILABLE

Families with kids of all ages with diabetes and siblings, are welcome to our Retreat at YMCA Camp Jones Gulch in the beautiful Santa Cruz Mountains. In the mornings, parents spend time in diabetes education while campers rotate through a number of organized activities including nature, sports & games, diabetes education, arts & crafts and much more! In the afternoon families can participate in a number of different activities including arts and crafts, basketball, hikes, and garden activities to name a few. We can't forget about our great campfire with s'mores and our annual Family Camp Party & Dance! The weekend theme? Halloween of course!



Teens Only Retreat

October 14 – 16, 2011

Camp Jones Gulch, La Honda, CA

\$200 / teen

Whether you could or couldn't make it to the 10-day teen session at Bearskin Meadow Camp, this Teens ONLY Retreat will be a blast! The program will mix outdoors adventures including rock climbing and ropes courses to challenge, build skills, and encourage leadership and growth. There will also be plenty of time for social time, group bonding, more artistic activities and teen age specific discussions about living with diabetes. This weekend is specifically tailored to the distinct needs of today's teens growing up with diabetes. Be sure not to miss out on this special opportunity as there are only a limited number of spaces available!

Borges Ranch Barbecue for the Diabetes Community

Saturday, October 22, 2011

Borges Ranch, Walnut Creek, CA

\$5 / person

This program is geared for families, individuals and general members of the diabetes community who want to hear about all of the exciting advancements that are happening in diabetes research. Each year we provide a keynote who is tops in the field of diabetes research to share the latest in diabetes developments. Information not to be missed at a rustically beautiful venue with great food and great company! Activities and supervision are provided for children under the age of 18.

Kids Dinner & Skate Parties!

Oakland, CA: December 3, 2011

Roseville, CA: December 10, 2011

\$20 / child or 2 for \$35

We welcome children ages 7 – 13 years of age with and without diabetes to our annual Dinner & Ice Skating Party! This is a great time for parents to do some holiday shopping or to spend some time enjoying a break while their children are treated to holiday

skating and fun together. Kids skate and dine the time away with Bearskin Meadow Camp counselors, DYF's Year Round Volunteers, and if we're lucky a few pro ice skaters too. Fun not to be missed!



DIABETIC YOUTH FOUNDATION REGISTRATION FORM

This form can be used to register for more than one year-round program (to register for Bearskin Meadow Camp, please use our camp registration form). Once your registration is received by DYF, you will receive additional information and forms. All paperwork must be completed and returned in order for your child to attend the program. **PLEASE PRINT ALL INFORMATION.**



2010 Program	Participant's Last Name	Participant's First Name	Gender (M/F)	Date of Birth	Month/Year of Diagnosis	Age At Program Yrs/Months	Previously Attended?
FOR EXAMPLE: Ski Trip	Simpson	Ellen	F	12/7/95	9/2005	15yrs/3mos	yes

Send mail to: Address _____ City _____ State _____ Zip _____

Email Address: _____

Provide information of parent(s) / legal guardian:

1. Name _____ Relationship _____ Home Phone (____) _____ Business Phone (____) _____ Cell Phone (____) _____ Occupation _____ Employer _____	2. Name _____ Relationship _____ Home Phone (____) _____ Business Phone (____) _____ Cell Phone (____) _____ Occupation _____ Employer _____
--	--

Please let us know how you found out about DYF. If applicable, please provide name of specific person... so we can thank them!

Individual's Name/Organization _____ Web Other _____

FINANCIAL INFORMATION Check one of the following regarding your ability to pay program fees.

- Full fee will be paid with registration
- Need Extended Payment Plan (please mark for which program(s) below):
 ___ Teens Take Tahoe ___ Spring Family Ed Retreat ___ Fall Family Ed Retreat ___ Teens Only Retreat

Amount of Deposit Enclosed \$ _____ or Charge my Credit Card \$ _____

Type of Credit Card: Visa MasterCard American Express Discover Card

Credit Card # _____ Expiration _____ Today's Date _____

Card Verification Code (Last 3 digits of code on signature line located on back of card) _____ Credit Card Billing Zipcode _____

Printed Name of Cardholder _____ Signature _____

A \$100 (\$50 non-refundable) deposit is required for overnight weekend programs. (Full payment is required for day programs.)

RETURN TO: Diabetic Youth Foundation: 5167 Clayton Road, Suite F, Concord, CA 94521 or FAX: 925-680-4863